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|  | **Being Me in My World** | **Celebrating Difference** | **Dreams and Goals** | **Healthy Me** | **Relationships** | **Changing Me** |
| **Foundation** | Self-identity Understanding feelings  Being in a classroom  Being gentle  Rights and responsibilities | Identifying talents Being special  Families  Where we live Making friends Standing up for yourself | Challenges Perseverance  Goal setting Overcoming obstacles  Seeking help  Jobs  Achieving goals | Exercising bodies Physical activity  Healthy food  Sleep  Keeping clean  Safety | Family life  Friendships  Breaking friendships Falling out  Dealing with bullying Being a good friend | Bodies  Respecting my body Growing up Growth and change  Fun and fears Celebrations |
| **Year 1** | Feeling special and safe Being part of a class Rights and responsibilities Rewards and feeling proud Consequences Owning the Learning Charter | Similarities and differences Understanding bullying and knowing how to deal with it Making new friends Celebrating the differences in everyone | Setting goals Identifying successes and achievements Learning styles Working well and celebrating achievement with a partner  Tackling new challenges  Identifying and overcoming obstacles Feelings of success | Keeping myself healthy Healthier lifestyle choices  Keeping clean  Being safe  Medicine safety/safety with household items Road safety  Linking health and happiness | Belonging to a family Making friends/being a good friend  Physical contact preferences People who help us Qualities as a friend and person  Self-acknowledgement Being a good friend to myself  Celebrating special relationships | Life cycles – animal and human  Changes in me  Changes since being a baby  Differences between female and male bodies (correct terminology)  Linking growing and learning  Coping with change Transition |
| **Year 2** | Hopes and fears for the year Rights and responsibilities Rewards and consequences Safe and fair learning environment Valuing contributions Choices Recognising feelings | Assumptions and stereotypes about gender Understanding bullying  Standing up for self and others Making new friends Gender diversity Celebrating difference and remaining friends | Achieving realistic goals  Perseverance Learning strengths Learning with others Group co-operation Contributing to and sharing success | Motivation  Healthier choices Relaxation  Healthy eating and nutrition  Healthier snacks and sharing food | Different types of family  Physical contact boundaries  Friendship and conflict  Secrets  Trust and appreciation Expressing appreciation for special relationships | Life cycles in nature Growing from young to old  Increasing independence Differences in female and male bodies (correct terminology) Assertiveness Preparing for transition |