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| I know about the Wellbeing Award for Schools. |  | What will the award help us to do? |
| In our school, we learn about how important it is to talk about our feelings and emotions. |  | Why should you talk about your feelings? |
| I can help someone if they are feeling worried or unhappy. |  | How? |
| My school really cares about me and how I am feeling. |  | How do you know this? |
| My school really cares about all the children and how they are feeling. |  |
| I feel comfortable to talk about my feelings in school. |  | When would you talk about them? |
| My teacher knows when I am feeling worried or unhappy. |  | What do they do? |
| I can get help at school when I am feeling worried or unhappy. |  | Who would you talk to? |
| My school really cares about what I think and listens to what I have to say. |  | How do you know this? |