

Tabitha the witch loves this green soup.

A perfect treat before learning your next spell!

Ingredients

- A bunch of spring onions
- 1 medium-sized potato
- 1 garlic clove
- 850ml vegetable stock
- 250g peas
- 4 tbsp chopped mint
- A pinch caster sugar
- •1 tbsp lemon juice
- 75ml soured cream
- · Salt and pepper

Method

- 1. With an adult's help, carefully, use the knife to roughly chop the spring onions.
- 2. Peel and carefully dice the potato.
- 3. Crush the clove of garlic.
- 4. Mix up the vegetable stock and pour it into a large saucepan.
- 5. Put the spring onions, potato and garlic into the pan with the stock.
- 6. Bring the mixture to the boil, then turn down the heat and simmer for 15 minutes. It will be ready when the potato is very soft.
- 7. Add the peas to the soup and simmer for five minutes.
- 8. Stir in the mint, sugar and lemon juice.
- 9. Allow your soup to cool slightly, then whizz it in a food processor or liquidiser until it is smooth.





A Magical Muddle Recipe - A Magical Muddle Pea Soup

Equipment

- Knife
- Chopping board
- Large saucepan
- Wooden spoon
- Food processor/ liquidiser
- Soup bowls

- 10. Stir in the soured cream and season with salt and pepper.
- 11. Pour your soup into bowls.
- 12. Enjoy eating your delicious, magical witch's soup!





